

# Emily Maguire

## Career and Business Coach for the Creative Industries



### **Bio for consideration for...**

Expert Comment \* Podcasts \* Case Study Features \* Q&As \* Guest Writing \* Events \*

Emily Maguire, a Level 7 Career Development Professional with over two decades of experience in business management and mentoring, Emily is a go-to professional for individuals and companies in the creative industries. She has worked with clients worldwide for over 1000 coaching and mentoring hours, helping them achieve their career goals.

Emily is a registered career development professional at the Career Development Institute (CDI), where she also serves as a board member and regional representative for the CDI Yorkshire and Humberside regions. Her passion for mental health awareness and career education has led her to advocate for disadvantaged individuals and encourage social mobility.

As a trained meditation teacher and mental health first aider, Emily incorporates mindfulness into her coaching techniques to help clients thrive. Outside of coaching, she is also the Managing Director of Reflections Talent Agency™, which represents actors for TV and film. Her recent work includes popular productions like Mission Impossible, Dungeons and Dragons, Sanditon, Carnival Row and Operation Fortune.

### **Specialisms to comment on:-**

Careers; Creative Industries; Empowerment; Turning your Passion into a Business; Business Coaching; Mindfulness; Spirituality; Entertainment Industry; Actors; SEO; Networking

## **Client Testimonials**

*"I had 3 therapeutic coaching sessions with Emily via my bank and found them really helpful. Emily suggested strategies mainly geared around improving my work/life balance, all of which have continued to be helpful since the sessions. She's easy to talk to, makes great use of the time available during sessions and has had an impact for me." Ryan Barker, UK*

*"We brought Emily on board to offer film career advice at the London Film & TV Job Fair and she did an excellent job. It was a very intense and long day and Emily went above and beyond to offer as much value and advice to the attendees as possible. A huge amount of the positive reviews from the event mentioned that Emily was the highlight." Zbigniew Siwek, Cine Circle*

*"My sessions with Emily were great! She helped me gain clarity and further explore my goals, I love her approach!" Gloria Battini, UK*

### **For more information, see:**

[www.reflectionscareercoaching.co.uk](http://www.reflectionscareercoaching.co.uk)

[www.reflectionstalentagency.co.uk](http://www.reflectionstalentagency.co.uk)

### **For media enquiries, to arrange interviews or request comments:**

[emily@reflectionscoaching.co.uk](mailto:emily@reflectionscoaching.co.uk)

07412 833382