

Emily Maguire

Entertainment Industry Coach,
Actor Mentor, Mindfulness Coach



Promote to Network of 10K

#Beaguest

About Me

With two decades of experience in the entertainment industry, I have had the pleasure of working alongside creatives in various stages of their careers. My role as a coach has complemented my position as Managing Director at Reflections Talent Agency™, with a roster of highly talented individuals who have worked on high-profile projects worldwide. Not only have I worked as a casting director, but I have also directed, acted, and provided voice talent. Additionally, I am a trained meditation teacher and mindfulness coach, helping clients incorporate mindfulness into their daily routines for greater benefits.

Suggested Interview Topics

- Actor Mentoring
- Careers
- Coaching
- Confidence Building
- Education
- Empowerment
- Entertainment Industry
- Mentoring
- Mindfulness
- Personal Growth
- Spirituality

Suggested Interview Questions

- The evolving job market; how do you see this affecting the entertainment industry, and how can actors prepare?
- Incorporating mindfulness; how can adding mindfulness to your daily routine aid productivity and success?
- Career mismatches; how can individuals increase their self-awareness and identify suitable career options?
- Trusting the universe; how do you leverage positive or negative events to drive you to succeed?
- 360 feedback and confidence building; why it's not just a tool for businesses?
- Building profiles; what tips can you give actors just starting out or trying to find work?
- Networking tips; what are the simple techniques entrepreneurs use to build their networks?

Agency: www.reflectionstalentagency.co.uk

Coaching: www.reflectionscareercoaching.co.uk

Email: emily@reflectionscareercoaching.co.uk

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